



Senior Special Agent (Retired) Russell W. Strand, is a co-founder & creative visionary for Strand Squared LLC. As a consultant, educator and trainer, he provides consultation, systems auditing, training, education and assistance to agencies and service providers around the world.

As a career law enforcement professional, trainer, educator, writer, and consultant, Russ has distinguished himself as an integral member of the criminal justice community. He began his law enforcement career in 1975 as a military police officer, and then worked as a military police investigator until retiring 22 years later as a senior special agent in the United States Army Criminal Investigations Command. After his first retirement, Russ appointed the Chief of the U.S. Army Military Police Behavioral Sciences Education & Training Division where he worked for 20 years before retiring in 2016.

Russ is a highly respected and sought-after speaker, educator, and consultant who has personally trained & educated more than 500,000 professionals. He has never been one to merely to go through the motions on anything he does. He is a true believer, who is very passionate about protecting those who cannot protect themselves. His subject matter expertise is continually sought out by national, international state and local agencies around the world.

Russ was recognized for his efforts by his peers and leadership throughout his military and civilian careers. Some examples, in 2012, he was selected to receive the 2012 “End Violence Against Women International Visionary Award” in recognition of his impact, vision and leadership in ending violence against women around the world. He was selected by the Secretary of Defense to serve on the Congressionally Mandated Response Systems to Adult Sexual Assault as a member of the Comparative Systems Subcommittee. He was awarded the Military Police Regiments highest awards including the Order of the Marechaussee Medal in Silver and was inducted into the United States Army Military Police Regimental Hall of Fame.

With more than four decades of investigative, training, and consultation experience, Russ is a dedicated-learner. He steadfastly believes in challenging the status quo – not out of disrespect, but out of unconditional respect for justice. He has continued to challenge what we think, where we are, and where we need to go to prevent sexual and family violence, hold offenders accountable, and to help victims of these crimes share their traumatic experiences.

Russ is unconditionally dedicated to continuing his to build a world that doesn't currently exist. A world in which every victim of abuse and trauma has confidence in reporting their experience and has a genuine voice that is truly heard. A world where every perpetrator of abuse is held accountable for their actions. A world in which all professionals responding to trauma and abuse are properly educated and confident in all they do. And a world in which we significantly reduce or eliminate all forms of criminal violence and abuse.